





antidiskriminierungsbüro
mannheim e.v.

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Fully accessible with no barriers

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Office hours Monday, Tuesday, Thursday
and Friday 9 – 12 a.m.
Consultation hours Friday 9 – 10 a.m.

antidiskriminierungsbüro mannheim is a member of
the Mannheimer Bündnis für ein Zusammenleben in Vielfalt
(Mannheim Alliance for Living Together in Diversity),
the Netzwerk Antidiskriminierungsberatung Mannheim
(Mannheim Anti-Discrimination Consultation Network)
and the Landesarbeitsgemeinschaft Antidiskriminierungsberatung
Baden-Württemberg (Baden-Württemberg State Working Group
for Consultation on Anti-Discrimination).

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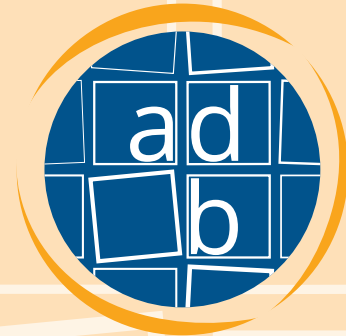


Baden-Württemberg
MINISTERIUM FÜR SOZIALES UND INTEGRATION

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What is discrimination?

The German General Equal Treatment Act has been in place since 2006 with the aim of preventing and reducing discrimination.

Discrimination is unequal treatment, disadvantaging or ostracism on the grounds of e.g.

- Skin colour
- Ethnicity
- Nationality
- Language
- Gender
- Religion or philosophy
- Sexual orientation and identity
- Age
- Chronic illness
- A disability
- Physical features
- Level of education
- Social status

Discrimination is expressed in a range of different ways, e.g. the refusal of services, avoidance of contact or insults.

Discrimination can come to the fore in all areas of life and it is sometimes hard to define and categorise. Your feeling for it is important and decisive. Take it seriously, we do! We offer you a safe space to talk and we support you.



Are you being discriminated against? Have you experienced discrimination?

... then **antidiskriminierungsbüro mannheim** is there to help you.

We will advise you regardless of the nature of discrimination you have experienced.

We will listen to you and are on your side.

We treat every conversation confidentially.

We will give you individual and non-binding advice.

We will tell you what steps you may be able to take.

We will develop a strategy for action together with you.

Advice is anonymous and free of charge.

In addition to consultancy, **antidiskriminierungsbüro mannheim** also holds events and training courses.

Contact

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